



WILD RAW ARGENTINE SHRIMP

Argentine Shrimp are highly regarded for their rich, sweet flavour with a tender, delicate texture often compared to a blend of lobster and shrimp.

They are naturally bright red even when raw, have a firm & meaty texture, and are wild-caught in the cold, clean waters of Argentina. A "MUST" try!

PRODUCT CODE: 81502 PRICE: \$36.00
 PACKAGED: 2 LB BAG | 13-15CT | APPROX. 28 SHRIMP PER BAG



CERTIFIED ANGUS BEEF® TOP SIRLOIN ROAST

Tender and oh soooo flavourful! Roast ready, restaurant quality and perfect for your favourite recipes. Cut from the top sirloin.

Can you say...delicious!! Just add your own seasoning of choice and enjoy!

PRODUCT CODE: 14222 PRICE: \$97.00
 PACKAGED: 2 ROASTS PER CASE-907GR (2LBS) EACH



CERTIFIED ANGUS BEEF® GROUND CHUCK BEEF

Versatile, flavorful and economical. Ideal for burgers, meatloaf and meatballs. No matter the meal, this CAB Ground Chuck Beef works wonders with it's mouth-watering flavour.

PRODUCT CODE: 46142 PRICE: \$66.00
 PACKAGED: 6 X 500GRS | 6.61 LB CASE



FALL/WINTER 2025-2026



ITALIAN STYLE COOKED MEATBALLS

The perfect meatball!

Whether for a cocktail party, or with pasta, we bet you can't just eat one!

PRODUCT CODE: 90052 PRICE: \$52.00
PACKAGED: 2 X 4.96 LB BAG



CANADIAN PORK RIB CHOP

A Pork Chop that will surely "WOW" your family and friends. This new CDN Product is flavourful and a great addition to your BBQ line up this summer!

PRODUCT CODE: 62022 PRICE: \$45.00
PACKAGED: 10 CHOPS X 8 OZ (225 GR EACH)
CHOPS INDIVIDUALLY VAC PACKED



FULLY COOKED BREAKFAST PORK LINK SAUSAGE - GLUTEN FREE

You can have breakfast on the table in no time with our Fully Cooked Breakfast Pork Link Sausages.

Delicious on their own or with your favourite style of eggs!

PRODUCT CODE: 90962 PRICE: \$39.00
PACKAGED: 2 BAGS X 3LB | 6.61 LB CASE

**BEEF
ITEMS**

FALL/WINTER 2025-2026



BONELESS BOTTOM SIRLOIN "BAVETTE" STEAK

The Bavette Steak is one of those cut's of Beef that does not get the glory it deserves! Tremendous Marbling and a tender texture. Serve on it's own with your choice of side. Great steak on a bun, steak fajita, steak salad or stir fry.

A MUST TRY! You will be left wanting more!

PRODUCT CODE: 18842 PRICE: \$78.00
PACKAGED: 16 X 4 OZ | 4 STEAKS PER VAC | 4.06 LB CASE



BACON WRAPPED TENDERLOIN STEAK

The most tender beef cut. Lean yet succulent and elegant and wrapped in bacon! Say no more.

PRODUCT CODE: 14962 PRICE: \$106.00
PACKAGED: 2 STEAKS PER PACK | 20 STEAKS x 4 OZ EA



SLOW COOKED BEEF POT ROAST

You can't take shortcuts when making this tender, delicious pot roast. We perfectly season the Roast and then cook for a long, long, long time for the perfect comfort meal.

PRODUCT CODE: 92572 PRICE: \$116.00
PACKAGED: 8 ROASTS X 575 GR

**BEEF
ITEMS**

FALL/WINTER 2025-2026



CERTIFIED ANGUS BEEF® CHUCK BURGER

What craft burgers are made of. Literally!!

Certified Angus Beef® set the standards that have become the true mark of quality of the Angus Breed.

PRODUCT CODE: **46102** PRICE: **\$82.00**
PACKAGED: **20 PATTIES x 7OZ**



STEAKHOUSE BURGER

Our Steakhouse Burger has been a mainstay in restaurants for years for one reason - it's an old school great burger!

PRODUCT CODE: **46342** PRICE: **\$60.00**
PACKAGED: **40 BURGERS X 4OZ**

PRODUCT CODE: **40002** PRICE: **\$56.00**
PACKAGED: **24 BURGERS X 6OZ**

CHICKEN
ITEMS

FALL/WINTER 2025-2026



"JUST CHICKEN" BNLS/SKNLS CHICKEN BREAST

2 BREASTS PER VAC

Chicken Dinner! With just one ingredient...“Chicken Breast” you can let your inner culinary adventurist journey to parts unknown.

100% additive free-no added water or salt.

PRODUCT CODE: 77162 PRICE: \$96.00
PACKAGED: 6-8 OZ PORTIONS | 8.81 LB BOX



BREADED CHICKEN FINGERS **PAR-COOKED

Dare we say these fingers are famous? These are the same fingers found in some great restaurants and pubs.

Hugely popular for a reason!!

PRODUCT CODE: 71025 PRICE: \$68.00
PACKAGED: 2 X 4.4 LB BAGS



CHICKEN SOUVLAKI- *RAW*

Like Kabobs the word “Souvlaki” simply means “meat on skewers”. These tender chicken skewers are made with breast meat and marinated in a mediterranean seasoning.

Top them with Tzatziki sauce, over a bed of rice, in a warm pita or on your favourite salad. Ready for the grill.

PRODUCT CODE: 65632 PRICE: \$34.00
PACKAGED: 15 SKEWERS X 65 GR (2.3 OZ) EACH



BUTTERFLY GARLIC SHRIMP

Butterflied, Shell-On and dressed to impress with a garlic & herb marinade - ready for the grill!

PRODUCT CODE: 81272

PRICE: \$32.00

PACKAGED: APPROX. 36 SHRIMP | 2 LB BAG



JAIL ISLAND® ATLANTIC SALMON PORTIONS

Canadian through and through. Raised in the Bay of Fundy, Jail Island® Atlantic Salmon always delivers exceptional flavour and buttery texture for a taste that's close to home.



PRODUCT CODE: 88772

PRICE: \$84.00

PACKAGED: 14 PORTIONS X 5 OZ



**SMOKEY MAPLE & PEPPER BACON WRAPPED
JAIL ISLAND® ATLANTIC SALMON**

We season Jail Island® Salmon with a great smokey maple pepper rub, then wrap it in bacon!

You will surely be a dinner hero!



PRODUCT CODE: 88602

PRICE: \$60.00

PACKAGED: 10 PORTIONS X 5 OZ

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

WILD RAW EASY PEEL ARGENTINE SHRIMP | Product Code #81502

Ingredients: Shrimp, Salt, Sodium tripolyphosphate, Sodium metabisulfite.

	% DV* / % VQ*		% DV* / % VQ*
Nutrition Facts Valeur nutritive	Fat / Lipides 0.4 g	1 %	Protein / Protéines 18 g
	Saturated / saturés 0 g	0 %	Cholesterol / Cholestérol 165 mg
Per 1/7 bag (125 g edible portion) pour 1/7 paquet (125 g portion comestible)	+ Trans / trans 0 g	0 %	Sodium 440 mg
	Carbohydrate / Glucides 0 g		Potassium 150 mg
Calories 80	Fibre / Fibres 0 g	0 %	Calcium 75 mg
	Sugars / Sucres 0 g	0 %	Iron / Fer 0 mg
	*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* DV = Daily Value * VQ = valeur quotidienne			

CERTIFIED ANGUS BEEF® TOP SIRLOIN ROAST | Product Code #14222

Ingredients: BEEF

	% DV* / % VQ*		% DV* / % VQ*
Nutrition Facts Valeur nutritive	Fat / Lipides 9 g	12 %	Protein / Protéines 21 g
	Saturated / saturés 3.5 g	19 %	Cholesterol / Cholestérol 55 mg
Serving Size (100 g) Portion (100 g)	+ Trans / trans 0.3 g	0 %	Sodium 60 mg
	Carbohydrate / Glucides 0 g		Potassium 300 mg
Calories 170	Fibre / Fibres 0 g	0 %	Calcium 10 mg
	Sugars / Sucres 0 g	0 %	Iron / Fer 2.5 mg
	*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* DV = Daily Value * VQ = valeur quotidienne			

CERTIFIED ANGUS BEEF® GROUND CHUCK | Product Code #46142

Ingredients: Beef

	% DV* / % VQ*		% DV* / % VQ*
Nutrition Facts Valeur nutritive	Fat / Lipides 20 g	27 %	Protein / Protéines 18 g
	Saturated / saturés 8 g	43 %	Cholesterol / Cholestérol 70 mg
Per 1 burger (100 g) pour 1 burger (100 g)	+ Trans / trans 0.5 g	0 %	Sodium 55 mg
	Carbohydrate / Glucides 0 g		Potassium 300 mg
Calories 260	Fibre / Fibres 0 g	0 %	Calcium 10 mg
	Sugars / Sucres 0 g	0 %	Iron / Fer 1.75 mg
	*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* DV = Daily Value * VQ = valeur quotidienne			

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

ITALIAN STYLE COOKED MEATBALLS | PRODUCT CODE #90052

Ingredients: Beef, Water, Rice flour, Sea salt, Corn flour, Dried orange pulp, Garlic powder, Onion powder, Grated parmesan cheese (milk), Spices, Rice starch, Sugars (sugar, dextrose), Salt, Silicon dioxide, Spice extracts, Flavour, Paprika extract, Canola and/or Sunflower oil, Yeast.

CONTAINS: MILK

Nutrition Facts		% DV* / % VQ*		% DV* / % VQ*	
Valeur nutritive	Fat / Lipides 12 g		16 %	Protein / Protéines 9 g	
	Saturated / saturés 5 g		26 %	Cholesterol / Cholestérol 45 mg	
Per 6 meatballs (60 g) pour 6 boulettes (60 g)	+ Trans / trans 0.2 g			Sodium 250 mg	11 %
Calories 150	Carbohydrate / Glucides 2 g			Potassium 150 mg	4 %
* DV = Daily Value	Fibre / Fibres 0 g		0 %	Calcium 10 mg	1 %
* VQ = valeur quotidienne	Sugars / Sucres 0 g		0 %	Iron / Fer 1.25 mg	7 %
*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup					

CANADIAN PORK RIB CHOP | Product Code #62022

Ingredients: Pork

Nutrition Facts		% DV* / % VQ*		% DV* / % VQ*	
Valeur nutritive	Fat / Lipides 14 g		19 %	Protein / Protéines 20 g	
	Saturated / saturés 5 g		25 %	Cholesterol / Cholestérol 60 mg	
Per (100 g) pour (100 g)	+ Trans / trans 0 g			Sodium 40 mg	2 %
Calories 210	Carbohydrate / Glucides 0 g			Potassium 400 mg	12 %
* DV = Daily Value	Fibre / Fibres 0 g		0 %	Calcium 0 mg	0 %
* VQ = valeur quotidienne	Sugars / Sucres 0 g		0 %	Iron / Fer 0.75 mg	4 %
*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup					

FULLY COOKED BREAKFAST SAUSAGE | Product Code #90962

Ingredients: Pork, Water, Salt, Potato starch, Fiber blend [sugars (rice syrup, grape juice), vegetable fiber], Spices, Sugars (sugar, dextrose, maltodextrin), Onion Powder, Silicon Dioxide, Lemon Extract, Lemon Juice Powder, Vegetable Oil, Glycerin.

Nutrition Facts		% DV* / % VQ*		% DV* / % VQ*	
Valeur nutritive	Fat / Lipides 12 g		16 %	Protein / Protéines 10 g	
	Saturated / saturés 4 g		20 %	Cholesterol / Cholestérol 40 mg	
Per 2 sausages (70 g) pour 2 saucisses (70 g)	+ Trans / trans 0 g			Sodium 450 mg	20 %
Calories 160	Carbohydrate / Glucides 2 g			Potassium 125 mg	4 %
* DV = Daily Value	Fibre / Fibres 0 g		0 %	Calcium 20 mg	2 %
* VQ = valeur quotidienne	Sugars / Sucres 0 g		0 %	Iron / Fer 0.5 mg	3 %
*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup					

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

AA/US SELECT BONELESS RIBEYE STEAK | Product Code #12272

Ingredients: BEEF

	% DV* / % VQ*	% DV* / % VQ*
Nutrition Facts Valeur nutritive		
Per 1 steak (340 g) pour 1 bifteck (340 g)		
Calories 470		
* DV = Daily Value * VQ = valeur quotidienne		
Fat / Lipides 18 g	24 %	Protein / Protéines 77 g
Saturated / saturés 7 g	40 %	Cholesterol / Cholestérol 220 mg
+ Trans / trans 1 g		Sodium 220 mg
Carbohydrate / Glucides 1 g		Potassium 1350 mg
Fibre / Fibres 0 g	0 %	Calcium 20 mg
Sugars / Sucres 0 g	0 %	Iron / Fer 7.5 mg
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

CERTIFIED ANGUS BEEF® STRIPLOIN STEAK | Product Code #14442

Ingredients: BEEF

	% DV* / % VQ*	% DV* / % VQ*
Nutrition Facts Valeur nutritive		
Per 1/2 steak (143 g) pour 1/2 bifteck (143 g)		
Calories 300		
* DV = Daily Value * VQ = valeur quotidienne		
Fat / Lipides 19 g	25 %	Protein / Protéines 29 g
Saturated / saturés 8 g	43 %	Cholesterol / Cholestérol 75 mg
+ Trans / trans 0.5 g		Sodium 80 mg
Carbohydrate / Glucides 0 g		Potassium 450 mg
Fibre / Fibres 0 g	0 %	Calcium 10 mg
Sugars / Sucres 0 g	0 %	Iron / Fer 3 mg
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

CERTIFIED ANGUS BEEF® TOP SIRLOIN STEAK | Product Code #14262

Ingredients: BEEF

	% DV* / % VQ*	% DV* / % VQ*
Nutrition Facts Valeur nutritive		
Per 1 steak (170 g) pour 1 bifteck (170 g)		
Calories 290		
* DV = Daily Value * VQ = valeur quotidienne		
Fat / Lipides 14 g	19 %	Protein / Protéines 36 g
Saturated / saturés 6 g	33 %	Cholesterol / Cholestérol 95 mg
+ Trans / trans 0.5 g		Sodium 100 mg
Carbohydrate / Glucides 0 g		Potassium 550 mg
Fibre / Fibres 0 g	0 %	Calcium 10 mg
Sugars / Sucres 0 g	0 %	Iron / Fer 4 mg
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

BONELESS BOTTOM SIRLOIN "BAVETTE" STEAK | Product Code #18842

Ingredients: Beef, Water, Salt, Sugars (glucose solids), Hydrolyzed soy protein, Spices, papain.

CONTAINS: SOY

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1 steak (115 g) pour 1 bifteck (115 g)	Fat / Lipides 9 g	12 %	Protein / Protéines 20 g		
	Saturated / saturés 3.5 g + Trans / trans 0.3 g	19 %	Cholesterol / Cholestérol 60 mg		
Calories 160	Carbohydrate / Glucides 0 g		Sodium 430 mg	19 %	
	Fibre / Fibres 0 g	0 %	Potassium 300 mg	6 %	
* DV = Daily Value	Sugars / Sucres 0 g	0 %	Calcium 10 mg	1 %	
* VQ = valeur quotidienne			Iron / Fer 2 mg	11 %	
* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup					

BACON WRAPPED TENDERLOIN STEAK | PRODUCT CODE #14962

Ingredients: Beef, Bacon: Pork, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Sodium Bicarbonate, Spices, Smoke.

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive			Valeur nutritive		
Per portion (100 g) par portion (100 g)	Fat / Lipides 1.5 g	2 %	Protein / Protéines 18 g		
	Saturated / saturés 0.4 g + Trans / trans 0 g	2 %	Cholesterol / Cholestérol 5 mg		
Calories 100	Carbohydrate / Glucides 4 g		Sodium 650 mg	28 %	
	Fibre / Fibres 0 g	0 %	Potassium 400 mg	9 %	
* DV = Daily Value	Sugars / Sucres 2 g	2 %	Calcium 20 mg	2 %	
* VQ = valeur quotidienne			Iron / Fer 0.75 mg	4 %	
* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup					

SLOW COOKED BEEF POT ROAST | PRODUCT CODE #92572

Ingredients: Boneless Beef Blade Roast, Water, Beef Juices, Dextrose, Salt, Modified Corn Starch, Hydrolyzed Corn, Soy and Wheat Proteins, Spices and Spice Extracts, Caramel Colour, Beef Flavour, (hydrolyzed whey and wheat protein), Hydrogenated Soybean and Canola Oils, Onion, Garlic, Sugar, Parsley, Modified Milk Ingredients, Xanthan Gum, Silicon Dioxide.

CONTAINS: MILK, SOY, WHEAT

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1/6 roast (150 g) pour 1/6 de rôti (150 g)	Fat / Lipides 16 g	21 %	Protein / Protéines 26 g		
	Saturated / saturés 7 g + Trans / trans 0.5 g	40 %	Cholesterol / Cholestérol 70 mg		
Calories 260	Carbohydrate / Glucides 1 g		Sodium 530 mg	23 %	
	Fibre / Fibres 0 g	0 %	Potassium 350 mg	7 %	
* DV = Daily Value	Sugars / Sucres 1 g	1 %	Calcium 10 mg	1 %	
* VQ = valeur quotidienne			Iron / Fer 2.5 mg	14 %	
* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup					

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

CERTIFIED ANGUS BEEF® CHUCK BURGER | Product Code #46102

Beef, Water, Salt.

Nutrition Facts Valeur nutritive	Amount / Teneur		% DV / % VQ		Amount / Teneur		% DV / % VQ	
Serving Size 1 burger (200 g) Portion 1 burger (200 g)	Fat / Lipides 33 g		51 %		Carbohydrate / Glucides 0 g		0 %	
	Saturated / saturés 14 g + Trans / trans 0.5 g		73 %		Fibre / Fibres 0 g		0 %	
Calories / Calories 450 * DV = Daily Value / VQ = valeur quotidienne	Cholesterol / Cholestérol 130 mg				Protein / Protéines 35 g			
	Sodium / Sodium 330 mg		14 %					
	Vitamin A / Vitamine A		0 %		Vitamin C / Vitamine C		0 %	
	Calcium / Calcium		2 %		Iron / Fer		25 %	

STEAKHOUSE BURGER | PRODUCT CODE #46342/40002

Ingredients: Beef, Water, Toasted Wheat Crumbs, Salt, Soy Protein, Spices & Spice Extracts, Onion, Sugar, Garlic, Flavour, Canola Oil.

CONTAINS: SOY, WHEAT, MUSTARD

Nutrition Facts Valeur nutritive	% DV / % VQ*		% DV / % VQ*					
Per 1 burger (170 g) pour 1 burger (170 g)	Fat / Lipides 33 g		44 %		Protein / Protéines 26 g			
	Saturated / saturés 14 g + Trans / trans 0.4 g		70 %		Cholesterol / Cholestérol 120 mg			
Calories 430 * DV = Daily Value * VQ = valeur quotidienne	Carbohydrate / Glucides 5 g				Sodium 540 mg		23 %	
	Fibre / Fibres 0 g		0 %		Potassium 400 mg		9 %	
	Sugars / Sucres 1 g		1 %		Calcium 30 mg		2 %	
					Iron / Fer 3.5 mg		19 %	

* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup

JUST CHICKEN BREAST (BNLS/SKNLS) | Product Code #77162

Ingredients: Chicken

Nutrition Facts Valeur nutritive	% DV* / % VQ*		% DV* / % VQ*					
Per portion (141 g) pour portion (141 g)	Fat / Lipides 19 g		25 %		Protein / Protéines 29 g			
	Saturated / saturés 4.5 g + Trans / trans 0 g		23 %		Cholesterol / Cholestérol 80 mg			
Calories 290 * DV = Daily Value * VQ = valeur quotidienne	Carbohydrate / Glucides 0 g				Sodium 85 mg		4 %	
	Fibre / Fibres 0 g		0 %		Potassium 500 mg		15 %	
	Sugars / Sucres 0 g		0 %		Calcium 10 mg		1 %	
					Iron / Fer 0.5 mg		3 %	

* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

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BREADED CHICKEN FINGERS | PRODUCT CODE #71025 *PAR-COOKED

Ingredients: Chicken Breast Fillets, Water, Salt, Sodium Phosphate, Seasoning (Salt, Spice Extract, Polysorbate, Tricalcium Phosphate), in the breading (Toasted Wheat Crumbs with Spices, Wheat Flour, Spices, Dextrose, Garlic Powder, Modified Corn Starch, Yellow Corn Flour, Baking Powder, Vegetable Oil, Shortening (Soy and Cotton Seed) Defatted Soy Flour, Milk Ingredients, Dried Egg, White Powder, Guar Gum, Browned in Soybean and Canola Oil). **CONTAINS: WHEAT, SOY, MILK AND EGG**

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive			Valeur nutritive		
Per 3 pieces (100 g) pour 3 morceaux (100 g)	Fat / Lipides 9 g	12 %	Protein / Protéines 11 g		
	Saturated / saturés 1.5 g + Trans / trans 0 g	8 %	Cholesterol / Cholestérol 20 mg		
Calories 200	Carbohydrate / Glucides 21 g		Sodium 540 mg	23 %	
	Fibre / Fibres 1 g	4 %	Potassium 350 mg	7 %	
	Sugars / Sucres 2 g	2 %	Calcium 30 mg	2 %	
			Iron / Fer 1.5 mg	8 %	
		* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup			

CHICKEN SOUVLAKI | Product Code #65632

Ingredients: Chicken Breast, Water, Canola Oil, Flavour (corn starch, dehydrated turkey broth, dextrose, spice extracts), corn syrup solids, sodium phosphates, cooking wine (salt, contains sulphites). Onion Powder, sea salt, lemon juice from concentrate, oranges, sweet paprika powder, garlic powder, spice. **CONTAINS: SULPHITES**

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Serving Size (65 g) Portion (65 g)	Fat / Lipides 5 g	7 %	Protein / Protéines 10 g		
	Saturated / saturés 0.5 g + Trans / trans 0 g	3 %	Cholesterol / Cholestérol 25 mg		
Calories 100	Carbohydrate / Glucides 2 g		Sodium 270 mg	12 %	
	Fibre / Fibres 0 g	0 %	Potassium 125 mg	3 %	
	Sugars / Sucres 0 g	0 %	Calcium 10 mg	1 %	
			Iron / Fer 0.5 mg	3 %	
		*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup			

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

BUTTERFLY GARLIC SHRIMP | PRODUCT CODE #81272

Ingredients: Shrimp, Water, Garlic, Maltodextrin, Modified Corn Starch, Natural Lemon Flavor, Salt, Sugar, Spices, Xanthan Gum, Corn Syrup, Yeast Extract, Silicon Dioxide, Citric Acid, Sodium Tripolyphosphate (for moisture retention).

Nutrition Facts	% DV / % VQ*	% DV / % VQ*
Valeur nutritive		
Per 4 shrimp (125 g) pour 4 crevette (125 g)		
Calories 80		
* DV = Daily Value * VQ = valeur quotidienne		
Fat / Lipides 0.5 g	1 %	Protein / Protéines 18 g
Saturated / saturés 0.2 g		Cholesterol / Cholestérol 145 mg
+ Trans / trans 0 g	1 %	Sodium 490 mg 21 %
Carbohydrate / Glucides 2 g		Potassium 125 mg 3 %
Fibre / Fibres 1 g	4 %	Calcium 200 mg 15 %
Sugars / Sucres 0 g	0 %	Iron / Fer 0 mg 0 %
* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup		

ATLANTIC SALMON PORTION BNLS/SKNLS | Product Code #88772

Ingredients: Salmon

CONTAINS: FISH (SALMON)

Nutrition Facts	% DV* / % VQ*	% DV* / % VQ*
Valeur nutritive		
Per portion (141 g) pour portion (141 g)		
Calories 290		
* DV = Daily Value * VQ = valeur quotidienne		
Fat / Lipides 19 g	25 %	Protein / Protéines 29 g
Saturated / saturés 4.5 g	23 %	Cholesterol / Cholestérol 80 mg
+ Trans / trans 0 g		Sodium 85 mg 4 %
Carbohydrate / Glucides 0 g		Potassium 500 mg 15 %
Fibre / Fibres 0 g	0 %	Calcium 10 mg 1 %
Sugars / Sucres 0 g	0 %	Iron / Fer 0.5 mg 3 %
* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup		

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

SMOKEY MAPLE BACON WRAPPED SALMON | Product Code #88602

Ingredients: Salmon, Bacon (pork, water, salt, sugar, sodium erythorbate, sodium phosphate, spices, sodium nitrite, smoke), Sugars (maple sugar, brown sugar), salt, dehydrated red bell pepper, smoke flavour, spice, caramel flavour. ***CONTAINS: FISH (SALMON)***

Nutrition Facts	Amount / Teneur	% DV / % VQ	Amount / Teneur	% DV / % VQ
Valeur nutritive Serving Size 1 fillet (142 g) Portion 1 fillet (142 g) Calories / Calories 360 <small>* DV = Daily Value / VQ = valeur quotidienne</small>	Fat / Lipides 27 g	42 %	Potassium / Potassium 420 mg	12 %
	Saturated / saturés 8 g	40 %	Carbohydrate / Glucides 2 g	1 %
	+ Trans / trans 0 g		Fibre / Fibres 0 g	0 %
	Cholesterol / Cholestérol 80 mg		Sugars / Sucres 2 g	
	Sodium / Sodium 630 mg	26 %	Protein / Protéines 26 g	
	Vitamin A / Vitamine A	2 %	Vitamin C / Vitamine C	0 %
	Calcium / Calcium	2 %	Iron / Fer	4 %

SMOKED & COOKED PORK BACK RIBS IN BBQ SAUCE | PRODUCT CODE #92862

Ingredients: Pork, Sugar/Glucose-Fructose, Tomato Paste, Cayenne Pepper Sauce (cayenne red peppers, vinegar, water, salt, garlic powder), Vinegar, Modified Corn Starch, Water, Concentrated Pineapple Juice, Spice Extracts (contains mustard), Salt, Refiners' Molasses, Natural Smoke Flavour, Caramel Colour, Tamarind, Sodium Benzoate, Garlic Powder, Onion Powder, Smoke.

CONTAINS: SOY, MUSTARD

Nutrition Facts	% DV / % VQ*	% DV / % VQ*
Valeur nutritive Per 1/3 rack (140g edible portion) pour 1/3 carré (partie comestible de 140 g) Calories 320 <small>* DV = Daily Value * VQ = valeur quotidienne</small>	Fat / Lipides 18 g	24 %
	Saturated / saturés 7 g	35 %
	+ Trans / trans 0.1 g	
	Carbohydrate / Glucides 18 g	
	Fibre / Fibres 0 g	0 %
	Sugars / Sucres 17 g	17 %
	Protein / Protéines 21 g	
	Cholesterol / Cholestérol 70 mg	23 %
	Sodium 340 mg	15 %
	Potassium 350 mg	7 %
Calcium 30 mg	2 %	
Iron / Fer 1.25 mg	7 %	

* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup

PORK CARNITA "FULLY COOKED" | Product Code #92852

Ingredients: Pork, Water, Dehydrated vegetables (garlic, onion, green bell peppers), Spices, Sugars (sugar, dextrose) Salt, Chili powder [spices, salt, sugar (dextrose), caramel powder, garlic powder, canola oil, silicon dioxide], Silicon dioxide, Lime extract.

Nutrition Facts	% DV* / % VQ*	% DV* / % VQ*
Valeur nutritive Per 1/5 of package (100 g) pour 1/5 de l'emballage (100 g) Calories 140 <small>* DV = Daily Value * VQ = valeur quotidienne</small>	Fat / Lipides 7 g	9 %
	Saturated / saturés 2.5 g	13 %
	+ Trans / trans 0 g	
	Carbohydrate / Glucides 1 g	
	Fibre / Fibres 0 g	0 %
	Sugars / Sucres 1 g	1 %
	Protein / Protéines 19 g	
	Cholesterol / Cholestérol 55 mg	
	Sodium 260 mg	11 %
	Potassium 350 mg	10 %
Calcium 10 mg	1 %	
Iron / Fer 1 mg	6 %	

* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

NUTRITIONALS-INGREDIENTS

FALL/WINTER 2025-2026

THICK CUT PEAMEAL BACON | PRODUCT CODE #60062

Pork, Water, Cornmeal, Salt, Sugar, Sodium Phosphate, Sodium Ascorbate, Sodium Bicarbonate, Sodium Nitrite, Polysorbate 80, Spice. **CONTAINS: CORNMEAL**

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive	Fat / Lipides 1.5 g	2 %	Protein / Protéines 18 g		
	Saturated / saturés 0.4 g		Cholesterol / Cholestérol 5 mg		
Per portion (100 g)	+ Trans / trans 0 g	2 %	Sodium 650 mg		28 %
par portion (100 g)	Carbohydrate / Glucides 4 g		Potassium 400 mg		9 %
Calories 100	Fibre / Fibres 0 g	0 %	Calcium 20 mg		2 %
* DV = Daily Value	Sugars / Sucres 2 g	2 %	Iron / Fer 0.75 mg		4 %
* VQ = valeur quotidienne	* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup				

THICK CUT CANADIAN SLICED BACON | Product Code #60022

Pork, water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite, sodium bicarbonate, spices, smoke.

Nutrition Facts		Amount / Teneur	% DV / % VQ	Nutrition Facts		Amount / Teneur	% DV / % VQ
Valeur nutritive	Fat / Lipides 8 g		12 %	Carbohydrate / Glucides 0 g			0 %
	Saturated / saturés 7 g		36 %	Fibre / Fibres 0 g			0 %
Per 2 slices (56 g)	+ Trans / trans 0.1 g			Sugars / Sucres 0 g			
par 2 tranches (56 g)	Cholesterol / Cholestérol 30 mg			Protein / Protéines 8 g			
Calories / Calories 190	Sodium / Sodium 470 mg		20 %				
* DV = Daily Value / VQ = valeur quotidienne	Vitamin A / Vitamine A		0 %	Vitamin C / Vitamine C			0 %
	Calcium / Calcium		0 %	Iron / Fer			4 %